The Ambulance Service Trans Toolkit

Book 1 - Understanding Trans People:
Test Your Knowledge

1. **What percentage of non-binary people have experienced inappropriate curiosity from healthcare staff?**

   a. 12%   **b.** 22%

   c. 63%   **d.** 36%

2. **What are the two main types of gender dysphoria someone can experience?**

   a. Emotional and physical   **b.** Body and social

   c. Life and mental   **d.** Physical and mental

3. **What is the maximum time some trans people have had to wait to attend their first appointment at a gender clinic?**

   a. 12 months   **b.** 2 years

   c. 36 months   **d.** 4 years

4. **What percentage of trans people opt to begin hormone replacement therapy?**

   a. 61%   **b.** 92%

   c. 73%   **d.** 81%

5. **After a trans male applies testosterone in gel form how long must he wait until he goes swimming?**

   a. 30 minutes   **b.** 6 hours

   c. 8 hours   **d.** 1 hour

6. **You are interacting with a patient and you are not sure how to address them correctly or what pronouns to use. What should you do?**

   a. Try and make a best guess about which pronouns they use.

   b. Try to avoid using pronouns all together.

   c. Politely ask the person how they wish to be addressed or what pronouns to use.

   d. Check the records you have for them and address them according to their gender on their record.

7. **Currently how many Gender Identity Services are there for adults in the UK?**

   a. 7   **b.** 9

   c. 16   **d.** 12

8. **Which of these feminising effects may happen to a trans woman within three to six months of her beginning feminising hormones?**

   a. Higher pitch of voice

   b. Thinning and slowed growth of body and facial hair

   c. Body fat redistribution

   d. Mood swings

9. **Which of these masculinising effects may happen to a trans man within three to twelve months of him beginning masculinising hormones?**

   a. Scalp hair loss   **b.** Anger

   c. Softer skin   **d.** Deepened voice

10. **It's easy to tell if someone is trans.**

    a. True

    b. False