



National Ambulance LGBT Network

Transgender Day of Remembrance

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Each year on 20 November it is Transgender Day of Remembrance, and we have put together this factsheet to explain what this is all about and why it is important.

1%

of the UK population identify as trans. That is 600,000 people

50%

of trans people hide or disguise their transgender status at work

40%

of trans people have experienced hate crime in the last 12 months

On Trans Day of Remembrance we remember the transgender people whose lives have been lost to anti-transgender violence this year and over the years. The figures for last year alone paint a sombre picture with 325 transgender people being murdered, (TGEU.org). Even in 2019 being transgender still carries the death penalty in some countries.

Trans Day of Remembrance is an annual event which was started back in 1999 as a vigil to honour a murdered trans woman Rita Hester in the USA. It has spread from a web-

based movement to an international day of reflection to remember all trans people who had lost their lives due to transphobic violence.

Show Your Support

- On the 20 November, take a moment to **remember** those who have lost their lives due to hatred, discrimination and prejudice.
- **Allies** have a part to play in challenging transphobia when they hear it. All our staff networks are open to all staff, as we recognise the hugely important role of our allies.
- Wear your **rainbow or trans star of life badge** with pride, so that colleagues, patients and their loved ones know that you are a safe person to talk to. It's much more than just a badge.
- Increase your Trans awareness and understanding. Earlier this year 3,000 copies of the **Trans Awareness z-card** were sent out across the patch to all operational staff and volunteers. Take the time to re-familiarise yourself with this. If you don't have a physical copy, head to www.ambulanceLGBT.org where you can download a copy. Dyslexia friendly versions are also available.
- Don't assume a person's gender, and **respect pronouns (he/him, she/her, they/them)**. Using someone's correct personal pronouns shows your respect and creates an inclusive environment, just as using a person's name can be a way to respect them.

The Trans Star of Life



In 2018 the National Ambulance LGBT Network launched the trans star of life to raise awareness of, and show support for, the trans community. The trans star of life is a fusion of the trans flag and the internationally recognised symbol of emergency pre-hospital care.

Find Out More

You can find information and presentations for ambulance staff on the National Ambulance LGBT network website, at www.ambulanceLGBT.org.