

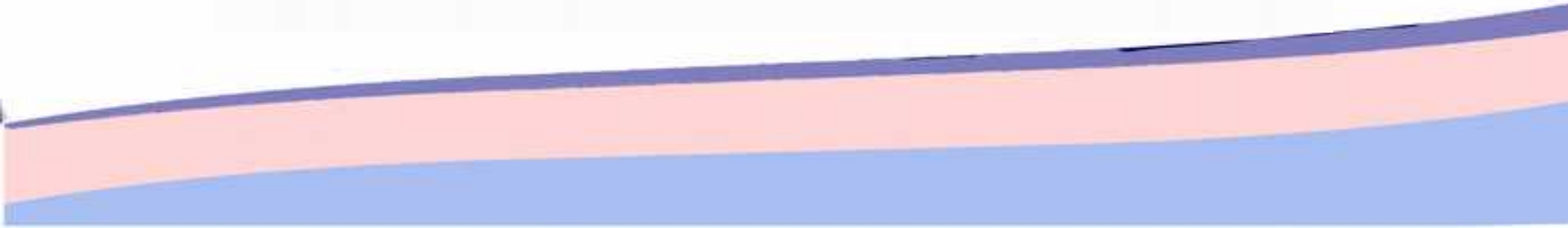
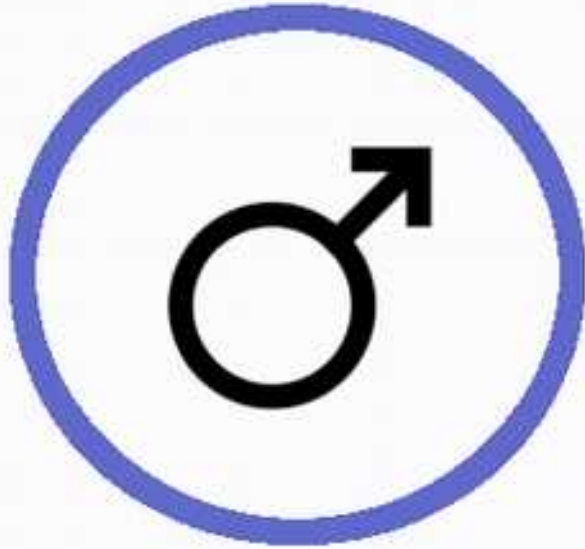
BETTER CARE FOR TRANS PEOPLE

AKA THE TRANSGENDER BROKEN ARM AND OTHER AILMENTS

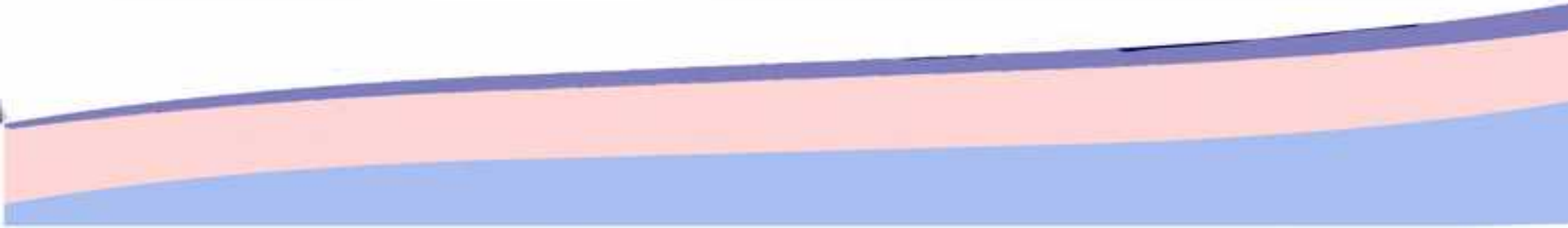
Natasha Handley



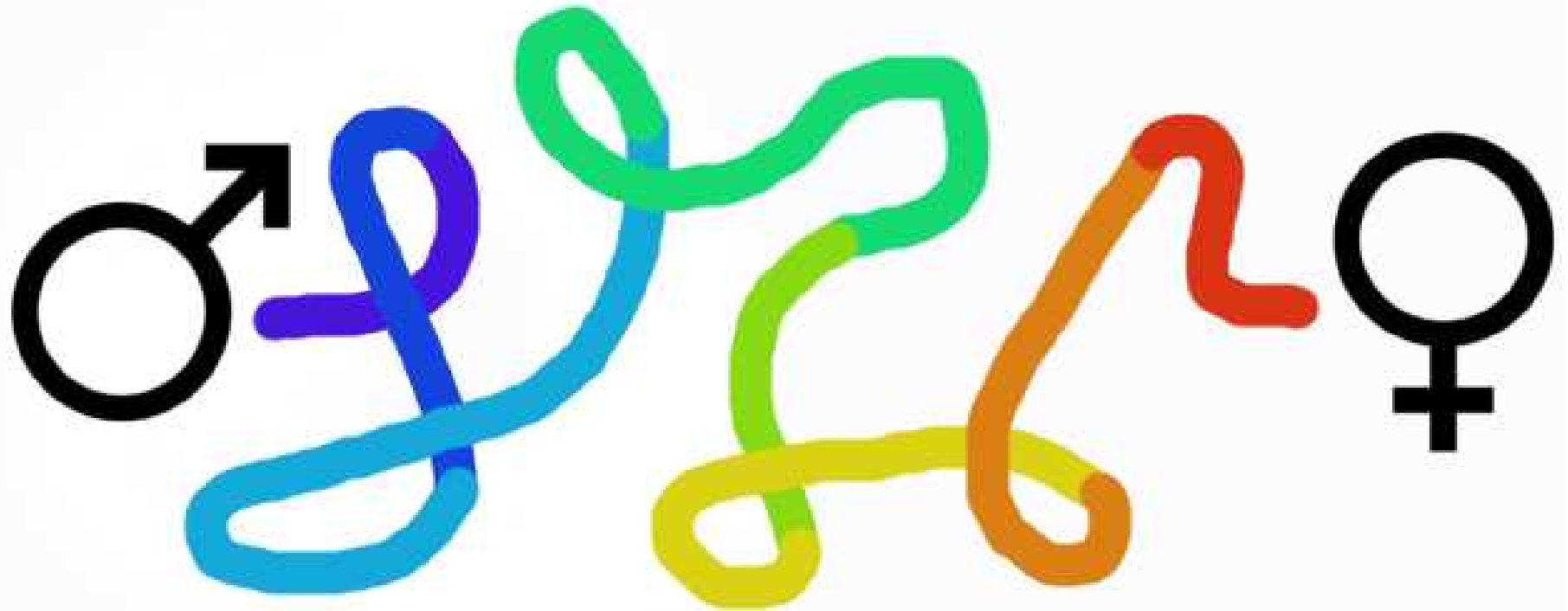
THE GENDER BINARY



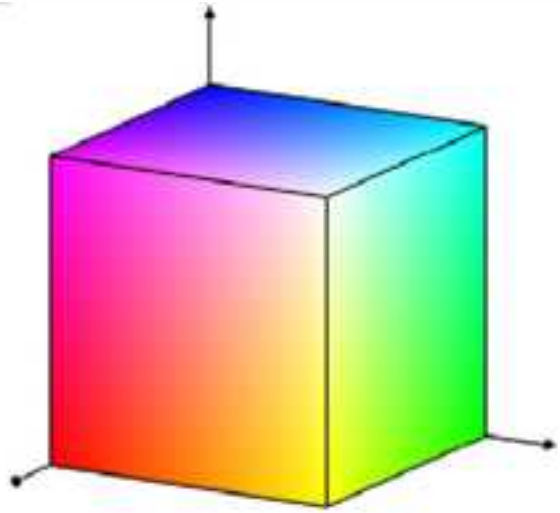
THE GENDER SPECTRUM



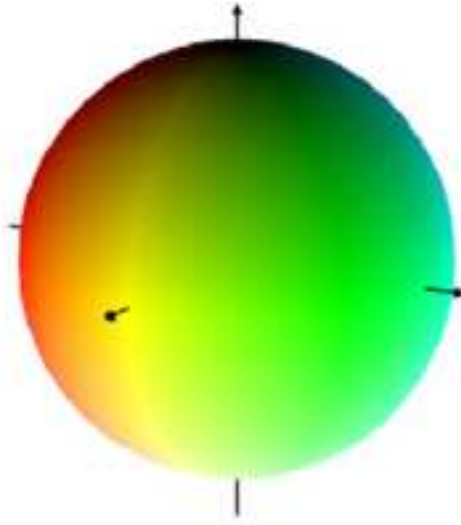
THE GENDER MESS



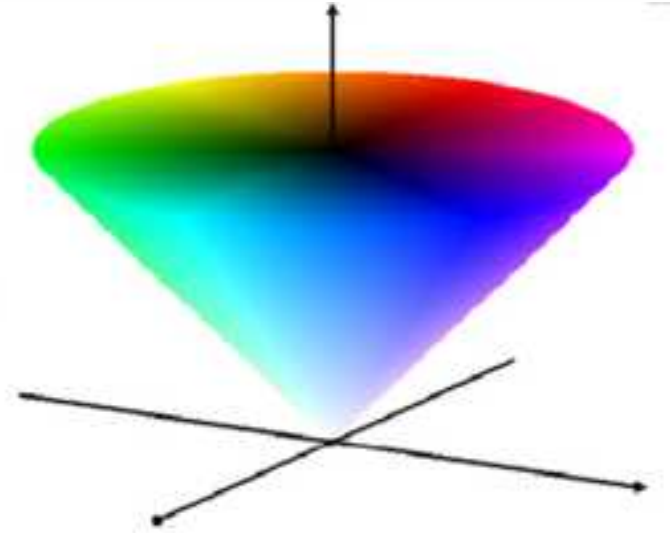
THE GENDER EXPANSE



(a)

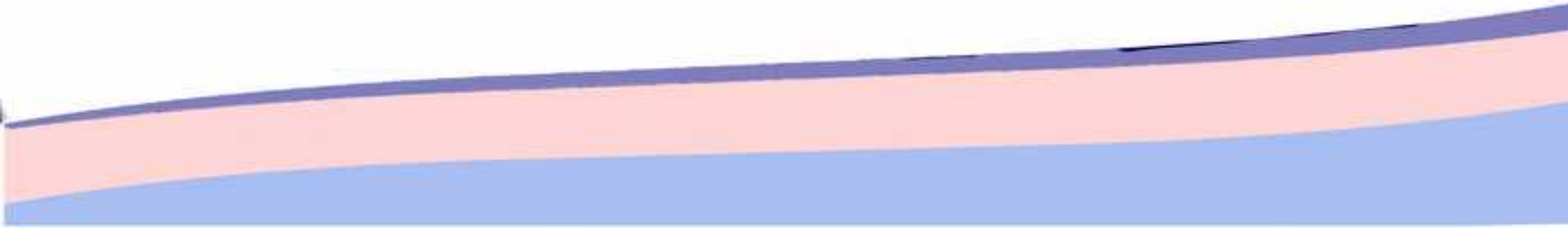


(b)



(c)

TERMINOLOGY



BASIC TERMINOLOGY

Transgender

A person who does not identify with the gender they were assigned at birth

Cisgender

A person who identifies with the gender they were assigned at birth

Non-Binary

A person who does not identify with a binary gender, that is, Male or Female

Gender Dysphoria

Distress many transgender people experience over their bodies or how their gender is perceived by others

GENDER IDENTITIES

BINARY

Trans Man

A man who has socially and/or medically transitioned away from their birth assignment

Trans Woman

A woman who has socially and/or medically transitioned away from their birth assignment

“Trans” is an adjective. Trans men are men. Trans women are women.

NON-BINARY

Agender

A person who has no gender and no gender identity

Bigender

A person who has two or more genders either simultaneously or separately

Genderqueer

A person whose gender does not fit the binary. May fluctuate in identity or presentation

HONOURABLE MENTION

Intersex

A person whose sex characteristics are not entirely male or female. Intersex is not a gender identity but a sex identity and intersex people may not identify as transgender.

More common than people expect

People with intersex conditions are as common as redheads.

Could affect:

- Chromosomes (There are more combinations than just XX and XY)

- Hormones

- Primary Sex Characteristics


- Secondary Sex Characteristics

PRONOUNS & TITLES

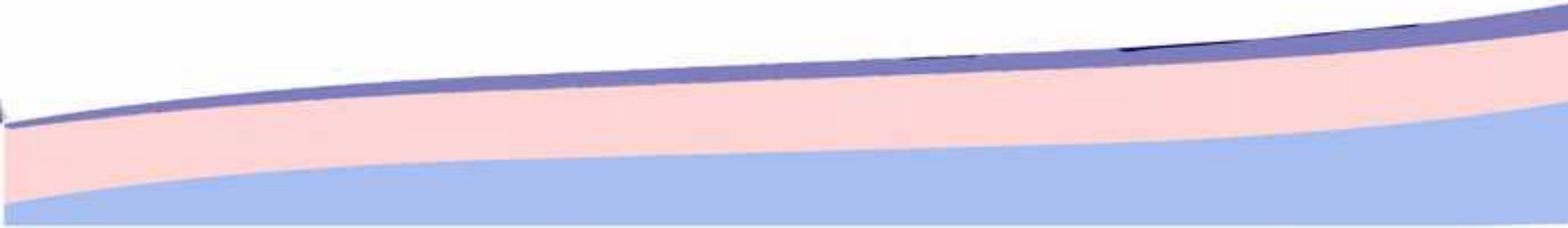
- A pronoun is a word used to refer to a person without referring to them by name.
- Examples of pronouns include:

He/Him/His
She/Her/Hers

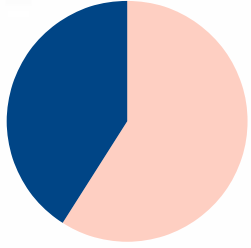
They/Them/Theirs
Ze/Zir/Zirs

- A title is a prefix or suffix appended to a name as a form of address or respect.
 - Common titles are Mr, Ms, Mrs, and Dr.
 - Mx is a gender neutral title and is often pronounced 'Mix' or 'Mex'.
- 

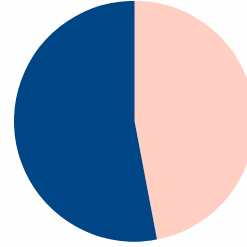
THINGS TO BE AWARE OF



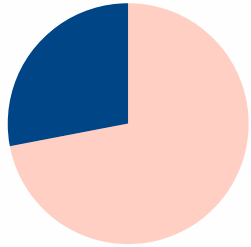
VIOLENCE & HARASSMENT



41% of trans people have experienced a **hate crime** because their gender identity in the last 12 months.

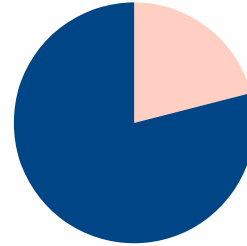


53% of trans people under 26 have experienced a **hate crime** because their gender identity in the last 12 months.

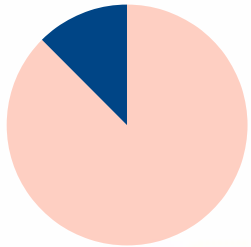


28% of trans people in a relationship have experienced **domestic violence** in the last 12 months.

Compared to 2.5% of the general population or 6% of all women.



79% don't report hate crimes to the police.

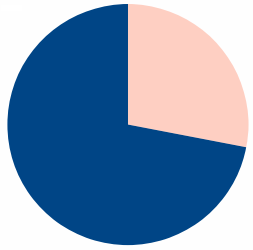


1 in 8 trans employees have been **attacked** by a colleague or customer in the last year.

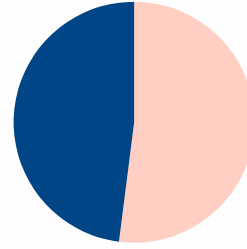
Source :

<https://www.stonewall.org.uk/lgbt-britain-trans-report>

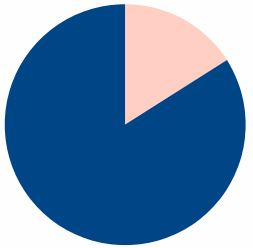
MENTAL HEALTH



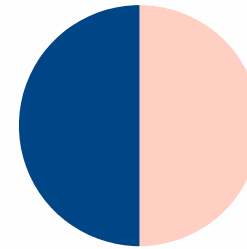
72% of young trans people have **self harmed**



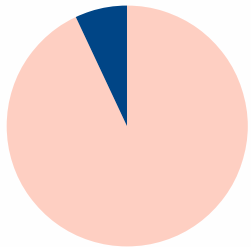
48% of trans people have **attempted suicide**



84% of trans people have **considered suicide**



29% of trans people who accessed mental health services say their gender identity was **treated as a symptom of a mental health issue**



7% of trans people have been **refused medical treatment** due to their gender identity

Sources :

<https://www.stonewall.org.uk/lgbt-britain-trans-report>

https://www.cisac.org.uk/wp-content/uploads/2014/08/trans_mh_study.pdf

THE TRANSGENDER BROKEN ARM



Doctor! Doctor!
I've broken my arm!

I don't th...

It must be your hormones!

Hormooooooooones!



THE TRANSGENDER BROKEN ARM

Incidental

Their gender identity has nothing to do with the ailment. *eg broken arm*

Concurrent

Indirectly connected to their gender identity. *eg mental health issues due to harassment*

Comorbid

Directly connected to their gender identity. *eg gender dysphoria*



WHAT NOT TO SAY

Are you a boy or a girl?

But...what were
you **born** as?

What's your **real** name?

What's in your pants?

**Have you had
The Surgery?**

You look just like
a **real** boy/girl!

I'd never have
guessed!



You'd look more
like a boy/girl
if you...

You're so
brave!

WHAT SHOULD YOU DO?

Treat trans people as people, with care and compassion

If you make a mistake, apologise and quickly move on

Avoid unnecessary questions around status, transition or identity

Respect their pronouns. If you are not sure of someone's pronouns, either use gender neutral language or ask

Updating ID can be difficult. If someone gives you a name that is different to their ID, use their given name

Be discreet



WHAT ELSE SHOULD I KNOW

Gender Dysphoria

Trans people may be more sensitive about their bodies than other people, especially certain areas.

Prosthetics

Trans people may use prosthetics such as breast forms or packers. Be discreet and sympathetic.

Medication

Most trans people will be on HRT at some point in their lives. Some may be on other medication such as antidepressants.

Facilities

Trans people are legally entitled to use facilities that best match their gender identity.



Do you have any questions?

Natasha Handley

